

The image features a white rectangular card centered against a background of various green leaves. The leaves are densely packed and show different shades of green, with some having prominent white veins. The card contains the logo for 'Sofi Nutricia'. The word 'Sofi' is written in a bold, yellow, sans-serif font. The letter 'i' in 'Sofi' has a green dot. The word 'Nutricia' is written in a green, italicized, serif font. A green leaf-like graphic element is positioned between the 'i' of 'Sofi' and the 'N' of 'Nutricia', partially overlapping both.

**Sofi** *Nutricia*

The logo for SofiNutricia features the word "Sofi" in a bold, yellow, sans-serif font, followed by "Nutricia" in a green, cursive script font. The letters "N" and "u" are connected. The logo is centered on a white rectangular background that is semi-transparent over the food image.

**Sofi**Nutricia

SofiNutrica is nutrition brand that aims to provide health and wellness.

Our goal is to provide easy, on the go healthy and nutritious products. we offer a variety of products suitable for all fitness and health levels.

Our products include snacks, cooking aids, meal replacements and many more.



### HIGH PROTEIN COOKIES

**Ingredients**  
Vitamin D, calcium, Iron, potassium, vitamin A - C - E, thiamin, riboflavin, niacin, vitamin B6, folate, vitamin B12, phosphorus, magnesium, selenium, copper, manganese.

**Nutritional Facts**  
250 cals, 15g protein, 12g fat, 19g Carbs

**Suggested Flavors**  
Chocolate, Cinnamon, Peanut Butter, Cookie Dough



### HIGH PROTEIN OREOS

**Ingredients**  
Wheat flour (gluten), Non-hydrogenated (Cacao, sunflower, Sweetner, almond paste, oat bran, 1% pea protein concentrate, natural vanilla flavor.

**Nutritional Facts**  
400 cals 15g fat, 40g Carbs, 27g protein

**Suggested Flavors**  
Chocolate, white Chocolate



### HIGH PROTEIN / KETO FRIENDLY PUFFS

**Nutritional Facts**  
260 Cals, 14g Protein, 10 g Fat, 28g Carbs

**Suggested Flavors**  
Paprika, Cheese, Herbs, BBQ



### HIGH PROTEIN / KETO FRIENDLY CHIPS

**Ingredients**  
Protein Blend (Milk Protein Isolate, Whey Protein Isolate), High Oleic Sunflower Oil, Calcium Caseinate, Corn Starch, Psyllium Husk, Sugar, Salt. Contains Less Than 2% Of The Following: Tomato Powder, Onion Powder, Paprika, Garlic Powder, Spice, Yeast, Turmeric Oleoresin (Color), Paprika Extract (Color), Citric Acid, Molasses, Sunflower Lecithin, Calcium Carbonate, Stevia Sweetener. Contains: Milk.

**Nutritional Facts**  
140 Cals, 18g protein, 6g Fat, 5g Carbs

**Suggested Flavors**  
Paprika, Cheese, Herbs, BBQ



### HIGH PROTEIN POPCORN

**Ingredients**  
Candied Popcorn (water, high fructose corn syrup, glycerine, sugar, modified food starch, sodium benzoate, potassium sorbate, carrageenan, xanthan gum, citric acid), salt, cream of tartar, caramel set (stearin, soy lecithin), Free and Easy (soybean oil, soybean lecithin), White Chocolate (sugar, palm kernel oil, non-fat milk, sweet dairy whey (milk), lactose (milk), milk fat, buttermilk, sodium caseinate (milk), soy lecithin- an emulsifier, hydrogenated palm oil, artificial flavors . Whey Protein Isolate, Corn Oil.

**Nutritional Facts**  
270 Cals, 20g Protein, 30g carbs, 10g Fat

**Suggested Flavors**  
Chocolate, Caramel, Cheese, Peanut butter



### HIGH PROTEIN M&M'S

**Ingredients**  
Milk Chocolate (Sugar, Cocoa Butter, Milk, Chocolate Liquor, Soy Lecithin, Vanilla), Protein Blend (Pea Protein Isolate, Milk Protein Concentrate), Sugar, Cocoa Butter, Soy Lecithin, Less Than 1% of:, Tapioca Dextrin, Gum Arabic, Carnauba Wax, FD&C Yellow 5, FD&C Yellow 6, FD&C Red 3, FD&C Red 40, FD&C Blue 1 Contains Milk. May contain traces of tree nuts (Almond, Pistachio)

**Nutritional Facts**  
280 cals, 14g Fat, 32g Carbs, 10g protein



### PLANT BASED HIGH FIBER VEGGIE BITES

#### Nutritional Facts

130 Cals, 3g fat, 20g Carbs, 7g Protein

#### Suggested Flavors

Cheese, Paprika, Onion



### HIGH FIBER / KETO FRIENDLY GUMMY BEARS

#### Ingredients

isomalto-oligosaccharides (vegetable source), citric acid, natural flavors, malic acid, spirulina extract (for color), fruit and vegetable juice (for color), turmeric (for color), stevia leaf extract.

#### Nutritional Facts

110 Cals, 0 Fat, 30g Carbs, 4g protein

#### Suggested Flavors

Sour, sweet fish fish, peachy rings, cola



### CAKE MIX CHOCOLATE

#### Nutritional Facts

110 Cals, 2g Fat, 28g Carbs, 12g Protein

#### Suggested Flavors

Chocolate, Caramel



### BROWNIE MIX CHOCOLATE

#### Nutritional Facts

140 Cals, 2.5g Fat, 24g Carbs, 7g Protein

#### Suggested Flavors

Chocolate, Caramel



### PANCAKE MIX

#### Nutritional Facts

190 Cals, 3g Fat, 8g Carbs, 32g Protein

#### Suggested Flavors

Plain



### ZERO CALORIE CARAMEL SYRUP

#### Nutritional Facts

Calorie Free - Cholesterol Free - Fat Free - 0g Net Carbs per serving - Sugar Free - Dairy Free - Gluten Free - Vegan - Kosher - Keto Friendly

#### Ingredients

Water, erythritol, cellulose gum, xanthan gum, lactic acid, salt, natural flavors, sodium citrate, caramel color, steviol glycosides, beta carotene (color).



### ZERO CALORIE STRAWBERRY SYRUP

#### Nutritional Facts

Calorie Free - Cholesterol Free - Fat Free - 0g Net Carbs per serving - Sugar Free - Dairy Free - Gluten Free - Vegan - Kosher - Keto Friendly

#### Ingredients

Water, erythritol, natural flavors, cellulose gum, xanthan gum, fruit and vegetable juice for color†, steviol glycosides, monk fruit extract, citric acid, salt, caramel color.



### ZERO CALORIE CHOCOLATE SYRUP

#### Nutritional Facts

Calorie Free - Cholesterol Free - Fat Free - <1g Net Carbs per serving - Sugar Free - Dairy Free - Gluten Free - Vegan - Kosher - Keto Friendly

#### Ingredients

Water, natural cocoa powder, erythritol, cellulose gum, caramel color, lactic acid, xanthan gum, natural flavors, microcrystalline cellulose, salt, sodium citrate, steviol glycosides.



### ZERO CALORIE MAPLE SYRUP

#### Nutritional Facts

Calorie Free - Cholesterol Free - Fat Free - 0g Net Carbs per serving - Sugar Free - Dairy Free - Gluten Free - Vegan - Kosher - Keto Friendly

#### Ingredients

water, cellulose gum, natural and artificial flavors, salt, sodium benzoate and potassium sorbate to preserve freshness, sucralose, lactic acid, sodium bisulfate, xanthan gum, caramel color, guar gum, modified gum acacia, carob gum, beta carotene color. contains: sulfites



### ZERO CALORIE CAESAR DRESSING

#### Nutritional Facts

Calorie Free - Fat Free - Sugar Free - 0g Net Carbs per serving - Cholesterol Free - Gluten Free - Kosher - Keto Friendly

#### Ingredients

Water, white vinegar, erythritol, corn fiber, salt, microcrystalline cellulose, xanthan gum, titanium dioxide (color), roasted garlic puree, onion puree, propylene glycol alginate, yeast, lemon juice concentrate, spices, natural flavors, sodium citrate, yeast extract, whey, anchovies, gluten free tamari (water, soybeans†, salt), gellan gum, sea salt, cultured cream, turmeric, organic sugar, distilled white vinegar, dried onion, dried garlic. contains: milk, soy, anchovies.



### ZERO CALORIE RANCH DRESSING

#### Nutritional Facts

Calorie Free - Fat Free - Sugar Free - 0g Net Carbs per serving - Dairy Free - Cholesterol Free - Gluten Free - Vegan - Kosher - Keto Friendly

#### Ingredients

Water, organic white vinegar, corn fiber, erythritol, salt, microcrystalline cellulose, titanium dioxide (color), xanthan gum, natural flavors, garlic puree, onion puree, propylene glycol alginate, lemon juice concentrate†, sodium citrate, yeast extract, mustard flour, lactic acid, dried chives, black pepper, parsley, gellan gum, sea salt, celery seeds, dill.



### ZERO CALORIE THOUSAND ISLAND DRESSING

#### Nutritional Facts

Calorie Free - Fat Free - Sugar Free - 0g Net Carbs per serving - Dairy Free - Cholesterol Free - Gluten Free - Vegan - Kosher - Keto Friendly

#### Ingredients

Water, organic white vinegar, corn fiber, erythritol, salt, microcrystalline cellulose, titanium dioxide (color), xanthan gum, natural flavors, garlic puree, onion puree, propylene glycol alginate, lemon juice concentrate†, sodium citrate, yeast extract, mustard flour, lactic acid, dried chives, black pepper, parsley, gellan gum, sea salt, celery seeds, dill.



### ZERO CALORIE BLUE CHEESE DRESSING

#### Nutritional Facts

Calorie Free - Fat Free - Sugar Free - 0g Net Carbs per serving - Cholesterol Free - Gluten Free - Kosher - Keto Friendly

#### Ingredients

Water, white vinegar, erythritol, corn fiber, salt, microcrystalline cellulose, xanthan gum, titanium dioxide (color), roasted garlic puree, onion puree, propylene glycol alginate, yeast, lemon juice concentrate, spices, natural flavors, sodium citrate, yeast extract, whey, anchovies, gluten free tamari (water, soybeans†, salt), gellan gum, sea salt, cultured cream, turmeric, organic sugar, distilled white vinegar, dried onion, dried garlic. contains: milk, soy, anchovies.



### HEALTHY CARAMEL SPREAD- HIGH PROTEIN, LOW SUGAR

#### Nutritional Facts

170 Cals, 12g Fat, 14g Carbs, 7g protein

#### Ingredients

Peanuts, whey protein isolate, natural sweetener (xylitol), peanut oil, palm oil, flax, natural caramel flavor, sunflower lecithin, sea salt.



### HEALTHY CHOCOLATE SPREAD- HIGH PROTEIN, LOW SUGAR

#### Nutritional Facts

170 Cals, 12g Fat, 14g Carbs, 7g protein

#### Ingredients

Almonds, whey protein isolate, dark chocolate (sugar unsweetened chocolate, cacao butter, soy lecithin, natural vanilla extract, natural sweetener, almond oil, palm oil, flax meal, natural extract).



### HEALTHY OREO SPREAD- HIGH PROTEIN, LOW SUGAR

#### Nutritional Facts

170 Cals, 12g Fat, 14g Carbs, 7g protein

#### Ingredients

Peanut flour, cookie & cream spices, classic cream cookie (cane sugar, unbleached wheat flour, palm oil, cocoa powder (processed with alkali), brown rice syrup, sea salt, baking soda, soy lecithin, ammonium bicarbonate, natural flavor), cane sugar, sea salt.



### HEALTHY BIRTHDAY CAKE SPREAD- HIGH PROTEIN, LOW SUGAR

#### Nutritional Facts

170 Cals, 12g Fat, 14g Carbs, 7g protein

#### Ingredients

Peanuts, whey protein isolate, sugar, cacao butter, whole milk powder, nonfat dry milk, milkfat, soy lecithin (an emulsifier), natural vanilla extract, natural sweetener (xylitol), peanut oil, natural sprinkles (sugar cornstarch, vegetable oil, color added), soy lecithin, confectioner's glaze, dextrin, palm oil, natural flavor, sea salt, flax.



### HEALTHY STRAWBERRY JAM- LOW SUGAR

#### Nutritional Facts

32 Cals 0 fat, 0 protein, 13g Carbs

#### Ingredients

Strawberries (58%), water, sweeteners (erythritol, stevia extract), pectin, rowanberry (Sorbus aucuparia L.) extract, lemon powder, citric acid, concentrate (carrot, blackcurrant), ascorbic acid.



### HEALTHY PEACH JAM- LOW SUGAR

#### Nutritional Facts

32 Cals 0 fat, 0 protein, 13g Carbs

#### Ingredients

Peach (56%), water, sweeteners (erythritol, stevia extract), pectin, rowanberry (Sorbus aucuparia L.) extract, lemon powder, citric acid.



### HEALTHY BLUEBERRY JAM- LOW SUGAR

#### Nutritional Facts

32 Cals 0 fat, 0 protein, 13g Carbs

#### Ingredients

Blueberries (57%), water, sweeteners (erythritol, stevia extract), pectin, citric acid, rowanberry (Sorbus aucuparia L.) extract, lemon powder, calcium citrates.



### HIGH PROTEIN CROUTONS

#### Ingredients

Low Carb, High Protein Snacks, Real Cheese, Gluten Free, Peanut Free, 10g Protein, 2g Carbs, Only 60 Calories - Parmesan Herb



### HIGH PROTEIN GRANOLA

#### Ingredients

Wholegrain OATS 36%, sunflower seeds 11%, shredded coconut 10%, rapeseed oil, chicory root fibre, ALMONDS 8%, buckwheat 6%, pumpkin seeds 5%, coconut blossom nectar 3%, crisped rice (rice), sea salt.

#### Nutritional Facts

224 Cals, 8g Fat, 24g Carbs, 14g protein

#### Suggested Flavors

Chocolate, Nuts, Berries



### HIGH PROTEIN CEREAL

#### Ingredients

Soy Protein Isolate, Soy Flour, Soy Protein Concentrate, Rice Flour, Sunflower Oil, Polydextrose, Cinnamon, Sucralose, Vanilla.

#### Nutritional Facts

120 Cals, 4g Fat, 8g Carbs, 15g Protein

#### Suggested Flavors

Chocolate, Vanilla, Cinamon, Nuts



## HIGH PROTEIN MAC & CHEESE

### Ingredients

Durum Wheat Semolina, Pea Protein Isolate, Cheese Sauce Mix (Cheese (Milk, Salt, Cultures, Enzymes), Whey, Non-Fat Dry Milk, Dry Cream, Salt, Natural Color (Annatto)).

### Nutritional Facts

244 Cals, 4g fat, 45g carbs, 10g Protein



## APPLE CIDER VINEGAR

### Nutritional Facts

Calories: 0  
Fats: 0g  
Sodium: 0g  
Carbohydrates: 0g  
Sugars: 0.4g  
Fiber: 0g  
Protein: 0g



## KETO PROTEIN- IDEAL FOR LOW CARB / KETO DIETS

### Ingredients

It is a nutritionally balanced supplement with 70% of calories from fat, 20% of calories from protein and low net carbs, making it a delicious and easy support for a ketogenic lifestyle.

### Nutritional Facts

410 Cals, 32g fat, 3g carbs, 20g Protein

### Suggested Flavors

Chocolate, Vanilla, Caramel



## KETO BARS

### Ingredients

Low Carb Protein Bars - Keto-Friendly - 3g Net Carbs & 1g Sugar - Gluten Free - Naturally Sweetened Nutrition Bars

### Nutritional Facts

230 Cals, 18g Fat, 7g Fat, 9g Protein

### Suggested Flavors

Coconut, PB, Chocolate



## KETO COOKIES-IDEAL FOR LOW CARB / KETO DIETS

### Nutritional Facts

16g Plant-Based Proteins (per cookie) - 10g Fiber (per cookie)- Non-GMO Project Verified - No Soy Ingredients - No Dairy Ingredients - No Egg - Vegan - Kosher - No High Fructose Corn Syrup - No Artificial Sweeteners - 0g Sugar Alcohols - Sustainable Palm Oil

### Suggested Flavors

Chocolate, Cinnamon, Peanut Butter, Cookie Dough



## KETO BREAD-IDEAL FOR LOW CARB / KETO DIETS

### Ingredients

Water, Vital Wheat Gluten, Eggs, Oat Fiber, Golden Flaxseed Meal, Palm Oil, Sesame Seeds, Sunflower Seeds, Baker's Yeast, Kosher Salt, Butter, Xanthan Gum, Cultured Wheat, Natural Flavor, Honey.

Contains: Egg, Milk, Wheat.

### Nutritional Facts

70 Cals, 5g Fat, 0 Carbs, 6G protein



### KETO GRANOLA-IDEAL FOR LOW CARB / KETO DIETS

#### Ingredients

Almonds, White Chocolate Flavored Chips, Soluble Tapioca Fiber, Allulose, Macadamia Nuts, MCT Oil, Natural Flavors, Sea Salt, Stevia Extract, Monk Fruit Extract, Mixed Tocopherols

#### Nutritional Facts

70 Cals, 5g Fat, 0 Carbs, 6G protein

### KETO SQUARES -IDEAL FOR LOW CARB / KETO DIETS



#### Ingredients

Dark chocolate (Fairtrade cocoa butter, Fairtrade cocoa powder, organic coconut sugar, organic brown rice powder, salt), Organic carob protein, Fairtrade cocoa powder, Olive oil, Organic maple syrup, Organic cherry juice concentrate, Organic fava bean protein, Organic tapioca syrup, Fairtrade cocoa butter, Organic jerusalem artichoke powder, Organic gluten-free oat flour, Organic pea protein, Organic date syrup, Vanilla extract, Salt. May Contain: Almonds, Hazelnuts, Peanuts, Sesame.

#### Nutritional Facts

70 Cals, 5g Fat, 0 Carbs, 6G protein



### KETO CRUMBS -IDEAL FOR LOW CARB / KETO DIETS

#### Ingredients

Water, Vital Wheat Gluten, Eggs, Oat Fiber, Palm Oil, Golden Flaxseed Meal, Kosher Salt, Bakers Yeast, Butter, Xanthan Gum, Cultured Wheat, Everything Seasoning (Caraway Seeds, Sesame Seeds, Poppy Seeds, Minced Garlic, Dehydrated Onion, Kosher Salt), Natural Flavors. Contains: Egg, Milk, Wheat.

#### Nutritional Facts

60 Cals, 4g Fat, 0 Carbs, 6g Protein



### KETO NOODLES -IDEAL FOR LOW CARB / KETO DIETS

#### Ingredients

WHEAT protein, SOY protein isolate, pea protein, WHEY protein, WHEAT flour, WHEAT fiber, EGG white protein, stabilizers (guar gum).

#### Nutritional Facts

15 Cals, 3g Carbs, 0 protein, 0 fat



### KETO CACAO MIX -IDEAL FOR LOW CARB / KETO DIETS

#### Ingredients

Coconut oil powder (Coconut Oil, Soluble corn fiber, Sodium caseinate, Sunflower lecithin, Silicone dioxide), Cacao powder, natural flavour, MCT oil powder, Guar gum, salt, stevia extract, monk fruit extract.

#### Nutritional Facts

110 cals, 10g fat, 1g carbs, 1g protein



### MCT OIL

#### Ingredients

Medium Chain Triglycerides (from coconut)  
Acacia Gum.

#### Nutritional Facts

120 Cals, 13 g Fat



### COCONUT OIL

#### Nutritional Facts

120 Cals, 13g Fat



### KETO VITA -IDEAL FOR LOW CARB / KETO DIETS

#### Nutritional Facts

6g BHB, 50 mg Coco water

#### Suggested Flavors

Fruit punch, pineapple, peach, blue raspberry



THANK YOU